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Sneaky Softball Pitching: Tactics To Destroy A Hitter's Timing



Synopsis

Destroy a hitter's timing with SNEAKY pitching tactics! The best fastpitch softball pitching strategy book around! Sneaky Softball Pitching contains exclusive pitching advice and tactics to help you become a more feared and dominant pitcher. Learn how to pitch faster within seconds. Get the secret of how to stun a batter into not swinging at all. Find out what every great pitcher needs to know about the mental game, and get detailed information about the foundation for building not only top speed, but most accuracy as well!

Book Information

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Customer Reviews

Love it!

This book explains and gives great hints in technique to teach young pitcher's and struggling pitchers how to get better control.

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DO NOT WASTE YOUR TIME AND MONEY ON THIS BOOK. It's filled with unsportsmanlike "tactics" while having virtually no actual instruction on how to throw a softball underhanded. Of the few "tactics" discussed in the book that aren't blatantly unsportsmanlike/bush even those will only work against young unseasoned players. Forget this garbage and find someone to teach your child

how to actually pitch.

Any parent with an aspiring softball pitcher in the family must read and follow the advice in Coach Hal Skinner's guide, "Sneaky Softball Pitching." A pitcher that opponents consider "sneaky" is just playing a smart, tactical game, Skinner says, and it's hard to fault that statement. After all, there's no rule against connecting a pitcher's arm with her brain, or in conducting a pitching game differently from the rest of the kids who take the mound. Learning to out-think batters is as powerful as a good change-up - and maybe more so. Skinner gives plenty of great strategic advice in this well-written 79-page guide, and the advice is well-founded in years or experience as a player and coach. Can you learn to pitch well from a book? Probably not, and that's not what "Sneaky Softball Pitching" tries to do - though there are plenty of useful tips that will help to refine mechanics. This guide is more about tactics, strategies, and the psychology of the game, and how to use it to your advantage. By using just half of what this book teaches, be prepared to see a remarkable change in the game of your young pitcher as the result of these 'secret weapon' tactics.

I bought this book two years ago and immediately employed some of the tactics taught. I coach a couple of pitchers who are consistent and athletic; however, they do not have what I consider "shut-down speed". In other words, they are more finesse and less power types. What this book has done is allowed these pitchers to become very good at keeping hitters off-balance. So while they may not be striking out half of the batters they face, they get a LOT of weakly hit grounders and pop ups. They get outs which is really what you want from your pitchers. The only reason I give this book four stars instead of five is that it advertised an exercise that would help my girls gain significant speed. While this was the main reason I bought the book it turned out to be the least important thing I got from it. And the exercise really didn't do much to help increase speed. One more thing. Hal Skinner has been around the fastpitch community for a lot of years. Some of his tactics are controversial and like most people who have been successful over time he has made his share of enemies. Be very skeptical of the negative reviews. Clearly there are folks who have an agenda when posting negative remarks. Regardless I can honestly say that my players have benefited from the teachings and gained measurable results.

I was given this by a fellow coach and I'll be using it this year. I found tips out of it on things like increasing pitch speed and becoming an unpredictable pitcher, things such as varying times between pitches and formulas the girls can easily use to do that.

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